



Ever Active Schools
www.everactive.org

Dear families,

Mark your calendars! Monday, September 23rd and Tuesday, September 24th, 2019 will be the introduction for students to Loose Parts Play at École Pere Kenneth Kearns. On Monday, students will attend an assembly to briefly learn about loose parts play and the schedule for Tuesday. Throughout the day on Tuesday, each class will take turns going outside for a 30 minute experience with the Loose Parts.

What is Loose Parts Play you ask?

Loose Parts Play involves simple, affordable, everyday materials repurposed for play. Essentially, "loose parts" are materials that can be moved, carried, stacked or manipulated. The research behind Loose Parts Play suggests that the level of discovery, creativity and inventiveness within an environment is improved by the amount and variety of flexible materials within it.

When children play this way, they...

- ☐ Figure out things for themselves, and learn how to take healthy risks.
- ☐ Find innovative ways to think about the world and how it works, based on their own self-led, intrinsically motivated interests.
- ☐ Practice necessary skills such as overcoming obstacles, creative problem solving (on their own or with other children), communicating their feelings effectively with others, and working with those who may have difference points of view.
- ☐ Experience the joy of self discovery, the thrill of being able to pursue their own creative ideas without the fear of failure that usually arises when there is one, predetermined way to be "right" or to "win".

Due to the construction throughout the school, our storage space for the loose parts is extremely limited. We welcome donations from families and we kindly ask you to review the enclosed list for the specific loose parts we are accepting. If you have items to donate, please email Angela Tetreault (Angela.Tetreault@eics.ab.ca) to ensure that we have adequate space for your items.

Let's play!

Adrian Xavier, School Health Facilitator, Ever Active Schools
Angela Tetreault, Grade 4 Teacher
Janelle Tremblay-Butz, Kindergarten Teacher

*Rule of thumb for outdoor loose parts play:



2nd floor, Percy Page Centre • 11759 Groat Road • Edmonton, Alberta T5M 3K6 • 780.454.4745





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Bigger is better; similar or greater height, weight and size as the child

Natural materials: Branches or bushes Driftwood Large stones Leaves Lumber Pebbles Pinecones Rocks Sand Seeds Shells Sticks Stones Water Wood (stumps, logs)	Recycled materials: Bakeware Boxes Bricks Buckets Cardboard (boxes, tubes) Chains Containers / Tubs (ice cream, yogurt) Cookware Crates (plastic) Fabric offcuts Hard shell suitcases Hoops Kitchenware (e.g., wooden spoon, tongs) Laundry Baskets Mixing bowls Paint Brushes Plastic bottles and caps Plastic scoops Pool Noodles (foam) Pots PVC tubing Rope Saucepan or cooking pot Signs Spools (large, wooden) Tarps Tires Traffic Cones (pylons) Vinyl eavestroughs / Gutters Wood / Lumber
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